

Junior Coaching Program for Fall 2017

At the Kelowna Badminton Club

1090 Richter Street, Kelowna, BC

Head Coach Scot Young

25 years coaching experience with provincial and national level players

Assistant Coach Cory Kuntz

<p><u>Little Birds</u> Ages: 5-8 A fun and active lesson for the smallest players. An introduction to the rules of the game, good sportsmanship, coordination, balance, fitness and lots of fun!</p> <p><u>Junior Beginner</u> Ages: 8-14 A great session for kids to learn the game. A focus on techniques over competition, emphasis on fun drills and games with active movement.</p>	<p><u>Mondays 400-500pm</u> Cost: \$123.00 Starts September 18 (no class October 9) Ends December 18</p> <p><u>Fridays 530-630pm</u> Cost: \$133.00 Starts September 15. No class October 6. Ends December 22</p> <p><u>Saturdays 1100am-1200pm</u> Cost: \$133.00 Starts September 16. No class October 7. Ends December 23</p>
<p><u>Junior Intermediate</u> Ages: 9-16 These sessions are for players with some experience who want to improve their skills, continue in the sport and begin to compete in local and school competitions.</p>	<p><u>Wednesdays 400-530pm</u> Cost: \$197.00 Starts September 13. Ends December 20</p> <p><u>Fridays 400-530pm</u> Cost: \$184.00 Starts September 15. No class October 6 Ends December 22</p>
<p><u>Junior Training B group</u> Ages: 10-17 Intermediate/Competitive training group for juniors who are entering tournaments and/or are playing on school teams.</p>	<p><u>Tuesdays 400-530pm</u> Cost: \$197.00 Starts September 12. Ends December 19</p> <p><u>Thursdays 400-530pm</u> Cost: \$197.00 Starts September 14. Ends December 21</p>
<p><u>Junior Training A group</u> Ages: 12-19 Advanced/Competitive training group for juniors competitive in the sport that plan to enter provincial level tournaments this season.</p>	<p><u>Tuesdays 530-700pm</u> Cost: \$197.00 Starts September 12. Ends December 19</p> <p><u>Thursdays 530-700pm</u> Cost: \$197.00 Starts September 14. Ends December 21</p>
<p><u>Junior A and B Group Match Practice</u> Ages: 10-19 Tactical coaching and match practice.</p>	<p><u>Sundays 1100am-1230pm</u> Cost: \$10/day. (Students provide own shuttles) No cost for students registered in two sessions per week in Junior A and B group.</p>

Contact Scot Young by email at mrwrsy@hotmail.com to sign up.

Call or text Scot at 780 720 1147 if you have any questions.

Feather shuttles will be supplied for all lessons. All prices include GST.

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<p><u>Adult Beginner/Intermediate Lessons</u> For Adults new to badminton, or those not so new who want to learn new techniques and practice skills at a relaxed pace.</p>	<p><u>Mondays 700-815pm</u> Cost: all 13 sessions \$160.00 10 sessions \$131.00 Drop-in \$17.00/session Starts September 18(no class October 9) Ends December 18</p>
<p><u>Adult Intermediate Training Group</u> For adults 16+ who are strong recreational and or semi competitive players looking to improve racket skills, footwork and tactics.</p>	<p><u>Wednesdays 700-830pm</u> Cost: all 15 sessions \$220.00 10 sessions \$158.00 Drop-in \$20.00/session Starts September 13 Ends December 20</p>
<p><u>Adult Competitive Training Group</u> These sessions are for top junior and competitive adult players who compete in local and provincial tournaments. Focusing on technical skills, deception, tactical decision-making, and badminton fitness. Most sessions will be followed by match play.</p>	<p><u>Saturdays 1200-130pm</u> Cost: all 14 sessions \$205.00 10 sessions \$158.00 Drop-in \$20.00/session Starts September 16 (no class October 7) Ends December 23</p>
<p><u>Adult Masters Beginner Lessons</u> For adults without a lot of prior experience who wish to build skills and learn the game for recreational play.</p>	<p><u>Fridays 1100am-1215pm</u> Cost: all 14 sessions \$170.00 10 sessions \$131.00 Drop-in \$17.00/session Starts September 15 (no class October 6) Ends December 22</p>
<p><u>Adult Masters Intermediate Lessons</u> For recreational players who wish to fine-tune their skills and improve their knowledge of the technical and tactical aspects of the game.</p>	<p><u>Fridays 1230-145pm</u> Cost: all 14 sessions \$170.00 10 sessions \$131.00 Drop-in \$17.00/session Starts September 15 (no class October 6) Ends December 22</p>

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All prices include GST.

Club drop-in fee of \$5.00 applies for non-members.

Private Lesson Coaching Program for Fall 2017 At the Kelowna Badminton Club

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<u>Junior Private and Semi Private lesson costs:</u>	<u>Adult (19+) Private and Semi Private lesson costs:</u>
1 Student \$50 per hour plus tax. 2 Students \$55 per hour plus tax. 3 Students \$60 per hour plus tax. 4 Students \$65 per hour plus tax.	1 Student \$55 per hour plus tax. 2 Students \$65 per hour plus tax. 3 Students \$75 per hour plus tax. 4 Students \$80 per hour plus tax.
Lesson Package Pay for 5 lessons get 10% off.	Lesson package Pay for 5 lessons get 10% off.

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Feather shuttles will be supplied for all lessons.

Club drop-in fee applies for non-members.